

**The Rensselaer  
County Sexual Assault  
Response Team**



**3rd Annual Conference**

**2013**



A one-day  
conference for  
multi-disciplinary  
professionals who work  
with sexual assault  
victims/survivors.

**Thursday, March 28th, 2013**

**8am-4pm**

**Bulmer Telecommunications Center**

**Hudson Valley Community College**

**80 Vandenberg Ave Troy, NY**

Hosted by Hudson Valley Community College Department of Public Safety

Presented by the Rensselaer County SART



## CONFERENCE INFORMATION

Join members of the Rensselaer County Sexual Assault Response Team (SART), students and professionals from healthcare, law enforcement, counseling, advocacy, higher education, and prosecution from throughout New York State for the third annual one-day conference on preventing and responding to sexual assault. Attendees of the conference may choose from a variety of workshops which fit their interests and training needs, and will also have the opportunity to network with other professionals.

The cost to attend the full-day conference is \$40, which includes breakfast, lunch, refreshments, all conference materials and parking. This year, we are able to offer a special student rate of \$32 for full-time students. Detailed directions, parking instructions and helpful reminders will be emailed to attendees in advance of the conference.

### **Conference Schedule at a Glance**

8:00am-8:45am —Registration & continental breakfast  
8:45am-9:00am — Welcome and opening remarks  
9:15am-10:30am — Workshop Session 1  
10:45am-12:00pm — Workshop Session 2  
12:00pm-1:00pm — Buffet lunch & networking  
1:00pm-2:15pm — Workshop Session 3  
2:30pm-3:45pm — Workshop Session 4  
3:45pm-4:00pm— Closing remarks

The following pages contain information about each workshop being offered, including the presenter(s), a brief description, and suggestions for the most appropriate disciplines to attend each workshop (A—Advocates/Counselors; H—Healthcare providers/SANes/SAFEs; LE—Law Enforcement; C—College/Higher education personnel; P—Prosecutors). If you have further questions about a workshop, please contact the conference organizer.



Attendees may register either by mail using the registration form on the last page of this pamphlet, or online at: <http://www.surveymonkey.com/s/FWF5QJQ>. Please note that attendees will be asked to rank order their workshop preferences, but that placement in a workshop is on a first-come, first-serve basis. Your place in a workshop will not be confirmed until payment is received.

Anyone with questions or concerns about the conference may contact Lindsey Crusan, Coordinator of the Rensselaer County SART at [CrusanL@nehealth.com](mailto:CrusanL@nehealth.com) or (518) 271-3155.

The Rensselaer County Sexual Assault Response Team (SART) is a multi-disciplinary team dedicated to providing a consistent, victim-centered response to sexual assault, and working to end sexual violence in our community.

If you have any questions or concerns regarding the conference or the Rensselaer County SART, please contact Lindsey Crusan, *Coordinator*, Rensselaer County SART at (518) 271-3155 or [CrusanL@nehealth.com](mailto:CrusanL@nehealth.com)

## Workshop Session 1

### A) Investigating Non-Stranger Sexual Assault (LE, P)

Captain John Cooney, *Troy Police Department*

It is very rare that the perpetrator in a sexual assault is a true stranger to the victim. Captain John Cooney of the Troy Police Department will share nearly a decade of experience in the investigation of non-stranger sexual assault, sharing proven interview techniques, touching on available investigative technology and exploring the necessary mindset which leads to successful arrest and prosecution.

### B) Mental Health and Survivors (C, H, A)

Jessica Luquis, *MA, LMHC, Counselor, Sexual Assault and Crime Victims Assistance Program*

When working with survivors of sexual assault we often are working with individuals struggling not just with the aftereffects of the crime but also with mental illness.

Sometimes this mental illness precedes the crime and causes the victim to be a more vulnerable target. In other cases the trauma experienced during the assault triggers feelings of anxiety, depression or suicidality causing the client further distress. One treatment approach that has shown effectiveness with many mental health disorders whether present before or after the crime is Dialectical Behavior Therapy. DBT is easy to implement and use with clients on both an individual and group basis. This workshop will discuss some of the mental health disorders we typically see in trauma survivors and also provide an introduction to DBT skills and how to apply these in your work with sexual assault victims.

### C) Ending Violence Against Women: Engaging Men as Allies (A, C, H)

Bill Schaefer, *Founding Member of Northern New York Call to Men*

This workshop will introduce participants to the concept of primary prevention within the context of the social ecological model. Following a brief discussion of media literacy and cultural norms, the critical role of non-violent men in community-wide efforts to end sexual and domestic violence against women will be explored. The presenter will close by sharing various strategies, caveats and examples of how ordinary men continue to participate as allies in local communities and across the country.

### D) Computer Crimes 2013 - What Sexual Assault Responders Should Be Aware Of (LE, C, P)

Lieutenant Mark Brown, *Director, New York State Police Computer Forensic Lab*

This workshop will cover the current capabilities of the NYS Police Computer Forensic Lab, and the new technology available to assist law enforcement in investigating sex crimes utilizing technology. Additionally, new trends in hi-tech sex crimes and case studies will be discussed.

## Workshop Session 2

### A) SAVIN-NY: Order of Protection Notification Program (A, LE, C)

Janet Koupash, *Director of the Office of Victim Assistance, NYS Department of Corrections and Community Supervision & Daniel M. Foro, Senior Advisor, NYS Sheriffs' Association Institute*  
Victim advocates and criminal justice personnel alike recognize the period of time immediately following service of an Order of Protection as a particularly crucial period for the victim. The Sheriffs' Institute was awarded funding through the Bureau of Justice Assistance (BJA) SAVIN program to develop a Family Court Order of Protection Notification System in collaboration with a number of partner agencies. This workshop will provide details about the SAVIN service.

### B) Forensic DNA Analysis (H, LE, P)

Julie Pizeketti, *Assistant Director of Biological Science, New York State Police Forensic Investigation Center*

This workshop covers the fundamentals of forensic serology and DNA analysis, including information on male-specific Y-STR analysis, as well as providing information on collection of evidence in sexual assault cases.

### C) Sexual Violence On Your Campuses: Who needs to be present for the conversation and how to get them there (C, LE—advanced level)

Joseph Farrell, *Director of Training, New York State Coalition Against Sexual Assault*

In this workshop, participants will review cases studies from attendees to the workshop. Was a case handled well? Was a case not handled well? Was it model response, or was it improper or lack of response? Please submit your "case study" by March 14th for inclusion in the workshop.

### D) Healing from Drama and Trauma (A, C, H)

Karen Ziegler, *LCSWR, CASAC, Director, Albany County Crime Victim and Sexual Violence Center*

People sometimes reach frustrating plateaus in their lives, typified by a sense of inadequacy, pain, and loneliness. It can be challenging trying to connect with others without a strong understanding of who one is and what one needs. Our fast and frenetic culture does not teach us how to value ourselves and bring that respect to a relationship with others to build a respectful and mutual connection. This workshop will present the specifics of an 8 week skill building workshop that will explore our feelings, boundaries, and communication styles, allowing you assist your clients to discover their ability to have healthier and richer connections with others.



## Workshop Session 3

### A) **Emerging Drugs of Abuse** (H, LE, P)

Michele Caliva, *RN CSPI, Administrative Director Upstate New York Poison Center, Upstate Medical University*

The focus of the presentation will be the current trends in drug abuse activity. It will include reasons for seeking health care, common agents of abuse including slang names, routes of exposure, presenting symptoms, treatment recommendations and an overview of what the response has been to this public health crisis from health care, public health and law enforcement professionals.

### B) **Primary Prevention of Sexual Assault** (A, C)

Mike Fonda, *MA Prevention Educator, Sexual Assault and Crime Victims Assistance Program* & Christin Guilder, *LMSW, Prevention Educator, Albany County Crime Victim and Sexual Violence Center*

This workshop will provide participants with a greater understanding of sexual assault prevention programs and techniques. Participants will learn about topics, discussions, and activities used in various education and professional settings. Facilitators will also share helpful tips for educators.

### C) **OMG!! I JUST GOT A SUBPOENA! –**

#### **Confidentiality and Privilege for Communications Between Rape Crisis Counselors & Clients:**

#### **Practical Help & Prevention for the Advocate** (A, P)

Ellen Schell, *Counsel, The Legal Project*

Rape crisis program staff and volunteers are increasingly being pulled into civil and criminal litigation by being subpoenaed to provide records and testimony. This workshop will provide practical, common sense tips for dealing with these situations – what your organization should do prior to ever receiving a subpoena, how to deal with a subpoena if you receive one, how to talk with your administration about a subpoena, and what to say if you are required to testify without having gotten legal advice.

### D) **Can you re-train your brain after experiencing trauma?** (A, C, H) - Kyle Kunkel, *LMHC, Residential Social Worker, St. Catherine's*

This workshop will aid practitioners in re-training the brain through the Emotional Field Therapy technique of tapping. The natural flow of energy will be described versus neurological disorganization. A few simple tips will be provided in terms of reorganizing the neuropathways in the brain. The goal for clients is to build ego strength, a life worth living, and supports.

## Workshop Session 4

### A) **Human Trafficking in New York State** (LE, P, H)

CJ Boykin, *Director of Human/Gun Trafficking Program, Department of Criminal Justice Services* & Erika Hague, *Program Manager, Anti-Human Trafficking Program, OTDA*

In this workshop, attendees will learn about New York State laws regarding human trafficking and the available resources to respond to trafficking cases. Presenters will cover: legal issues related to human trafficking, indicators of human trafficking, and the services that are provided to trafficking victims. Additionally, presenters will discuss the efforts to mobilize a multi-disciplinary task force to respond to trafficking cases in the Capital Region of New York state.

### B) **Strangulation in the Context of Intimate Partner Violence: a Key Tactic of Control and Increased Lethality Risk Indicator** (H, LE, P)

Bob Passonno, *Coordinator, Criminal Justice Training Program, NYS Office for the Prevention of Domestic Violence*

Despite the grave risk of serious physical injury or death from strangulation, we continue to see and hear of strangulation being minimized or even laughingly referred to in such terms as "choking," "wrestling" and even "rough sex." This workshop will examine intimate partner abusers' use of strangulation as a key tactic of control against their victims, as well as an extremely dangerous lethality risk. We will analyze the visible and non-visible injuries associated with strangulation, victims' descriptions and statements, and New York's strangulation statutes.

### C) **Working with LGBT Survivors** (A, C, H)

Phillip Burse, *Director of LGBT Victims Program, In Our Own Voices*

This interactive and educational presentation is intended to provide participants with an increased knowledge of the LGBT Community in addition to tools to help them respond to LGBT survivors in a sensitive and affirming way. Topics will include: Finding a Common Language, barriers faced by LGBT victims/survivors, and recognizing the difference between individual and organizational cultural competence.

### D) **Reconnecting: A gentle yoga class for survivors of trauma** (All) - Stephanie Stolar, *LMHC, CYT*

Learn about and experience a gentle yoga class designed especially to be sensitive to the needs of trauma survivors. Basic chair and standing stretches, grounding affirmations and guided meditation will be used and taught to promote healing, comfort, safety and our Mind-Body connection. Participants will leave with tools that they can use themselves and share with clients, colleagues, family and friends. No prior yoga experience is needed.





## REGISTRATION FORM

Registration materials are due by **Thursday, March 21, 2013**

### Registration Information:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Title

\_\_\_\_\_  
Organization

\_\_\_\_\_  
Address

\_\_\_\_\_  
City/State/Zip

\_\_\_\_\_  
E-mail

\_\_\_\_\_  
Phone

### **You may also register online at:**

<http://www.surveymonkey.com/s/FWF5QJQ>

If registering online, please mail payment.

*Your registration and breakout session placement  
will not be confirmed until payment is received.*

### **Payment:**

#### **Conference registration fee: \$40**

*Fee includes: continental breakfast, buffet lunch,  
and refreshments; parking; & conference materials*

Payment due by **Thursday, March 21, 2013**

Please make checks payable to:

### **The Sexual Assault and Crime Victims Assistance Program**

Please charge my credit card for \$ \_\_\_\_\_

(Please circle): Visa MC AMEX Discover

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

### **Please indicate any special dietary needs:**

\_\_\_\_\_

### Workshop Preferences:

Please mark your program preferences by ranking  
your program choices for **each session from 1-4**  
(1 being your most preferred program, 4 being least  
preferred):

#### Workshop 1 (please rank):

- \_\_\_ Investigating Non-Stranger Sexual Assault
- \_\_\_ Mental Health and Survivors
- \_\_\_ Ending Violence Against Women: Engaging Men  
as Allies
- \_\_\_ Computer Crimes 2013

#### Workshop 2 (please rank):

- \_\_\_ SAVIN-NY: Order of Protection Notification  
Program
- \_\_\_ Forensic DNA Analysis
- \_\_\_ Sexual Assault on College Campuses (Advanced)
- \_\_\_ Healing From Drama and Trauma

#### Workshop 3 (please rank):

- \_\_\_ Emerging Drugs of Abuse
- \_\_\_ Primary Prevention of Sexual Assault
- \_\_\_ OMG! I JUST GOT A SUBPOENA!
- \_\_\_ Can You Re-Train Your Brain?

#### Workshop 4 (please rank):

- \_\_\_ Human Trafficking in New York State
- \_\_\_ Strangulation in the Context of Intimate Partner  
Violence
- \_\_\_ Working with LGBT Survivors
- \_\_\_ Reconnecting: Yoga for Trauma Survivors

Please mail/fax completed form and payment to:

Lindsey Crusan

The Sexual Assault and Crime Victims  
Assistance Program for Rensselaer County  
Samaritan Hospital  
2215 Burdett Ave.  
Troy, NY 12180

Fax: (518) 271-3163 Email: [CrusanL@nehealth.com](mailto:CrusanL@nehealth.com)